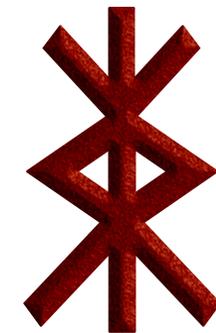


Quick-Learning The Runes



Basic Meanings - Ætt 1 part 1



In This Video



In order to learn all of the Runes quickly, we will break it up into 6 parts.

In this and the following 5 videos you will learn the basic meanings of ALL the Runes.

4 Runes at a time.

This video covers the First 4 Runes.



The Ætts

- There are 24 Runes in the eldar futhark.
- These are divided into 3 houses or Ætts
- Each Ætt is Ruled by one of the three Gods, Freya, Heimdal and Tyr
- The Ætt that a Rune is in will affect how that Runes is interpreted for divination purposes



The Ætts

Freya's Ætt

- The first Ætt belongs to the Goddess Freya
- Freya the nurturer embodies all the qualities of **love, happiness, life and enjoyment**
- The Runes in this Ætt are all based around life on the land and family. **Farming and Production.**



The Ætts



Heimdal's Ætt

- The second Ætt belongs to the God Heimdal
- Heimdal is the messenger who announces the start of Ragnarok, the end of all times. The Hagalaz Rune (hail) marks the start of this.
- The Runes in this Ætt are connected with needs of the community. **Warriors.**



The Ætts

Tir's Ætt

- The third and last Ætt belongs to the God Tyr
- Tyr embodies the strength of the warrior along with the sacrifice that this brings.
- The Runes in this Ætt are associated with spirituality and connection with the Gods. The Priest, **Leadership, intellect, and religion**



The Aett of Freya



First 4 Runes

Make sure you have your blank cards ready, and once you have watched the presentation on a Rune, pause the video, draw the Rune, its name, its meaning (keywords), and its letter on one of your pieces of card.



The Ætt of Freya



First 4 Runes

- We will now look at the meanings of the First 4 Runes in the Ætt of Freya







Fehu





Fehu



Nº 1 in the 1st Ætt (Freya)

Name: Fehu

Letter: F

Meaning: Cattle - Wealth - Finances

Related to the Goddess: Freya

Rune Image:

F - For finance or Freya





Fehu

Nº 1 in the 1st Ætt (Freya)



About the Rune Fehu:

This Rune is the first, and as such the last in the circle of Runes. It is the beginning and the end of a cycle - It is the ability to transfer energies - The power of exchange.

The central theme of this Rune in a modern day setting is money... not money accumulated but wealth in movement.





Fehu

Nº 1 in the 1st Ætt (Freya)



One literal translation of this Rune could be '**Cattle**'
The ancient Norse people considered all cattle to be extremely valued possessions.

They were used for many things... for their milk and for their meat, for the hide, the bones, the horns... every last part was made use of.

They cared for the animals and fed them well. They built barns for them to spend the winter inside.

Cattle was a symbol of wealth... it would be used for everything, including trading. Cattle were mobile wealth.





Fehu



Nº 1 in the 1st Ætt (Freya)

The meaning of this Rune when it comes to divination is connected with these concepts:

- Money
- Wealth
- Movement of wealth
- The movement of money
- Trading
- The action or the concept of giving and receiving in exchange.

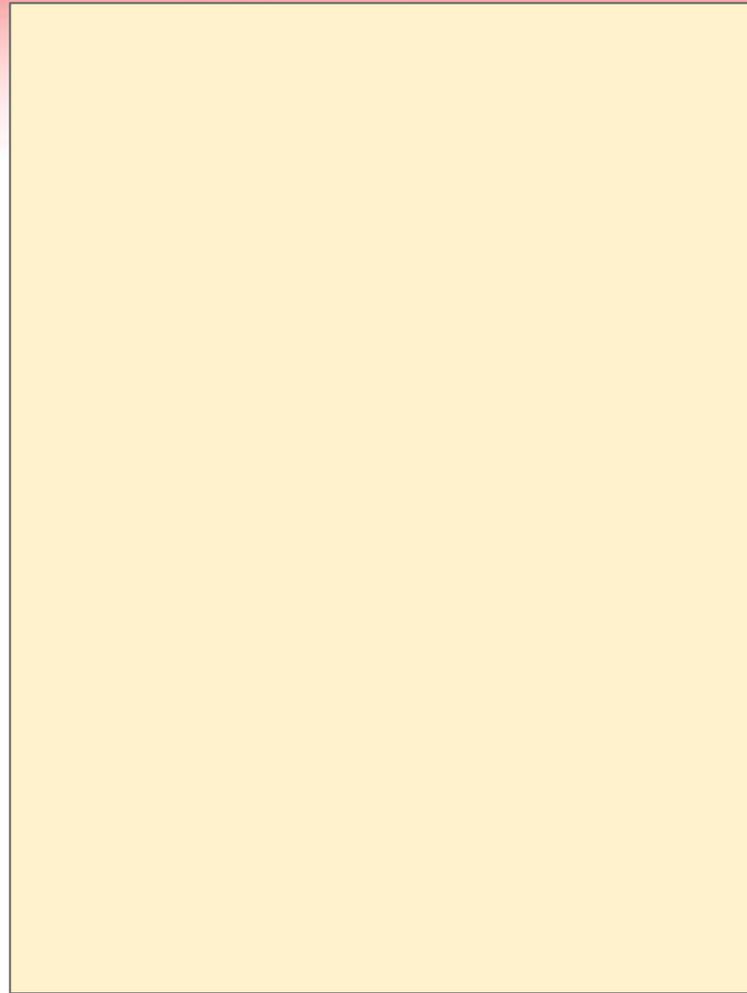




Recap



Now it's time to take out a blank Rune card and take note of the essential points of this Rune.

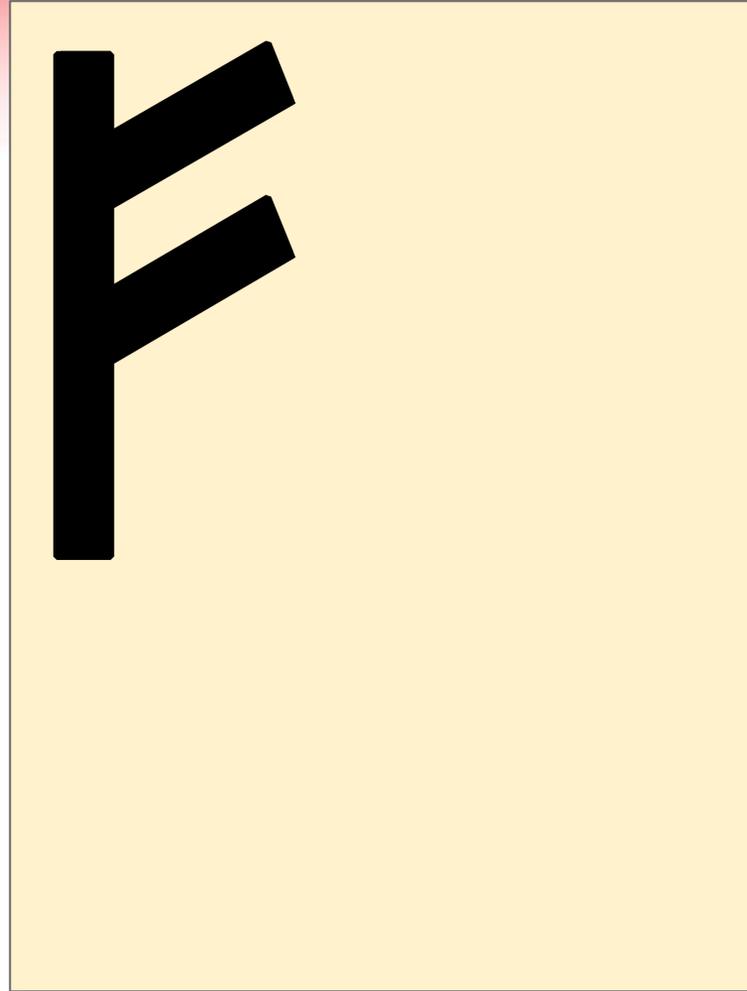




Recap



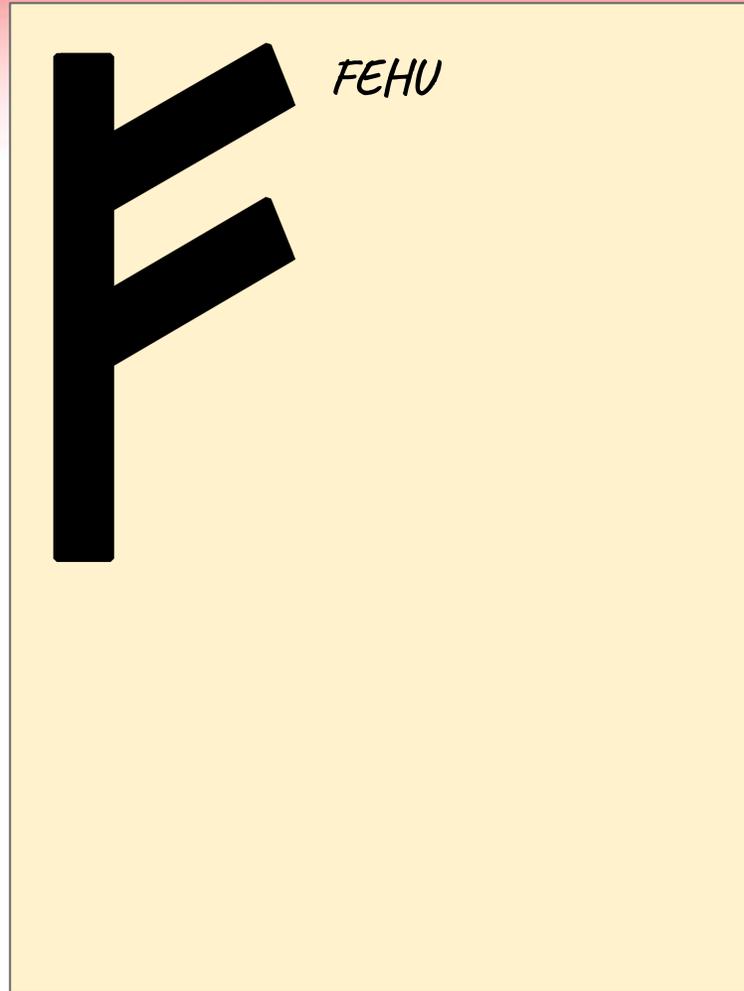
- The Rune:





Recap

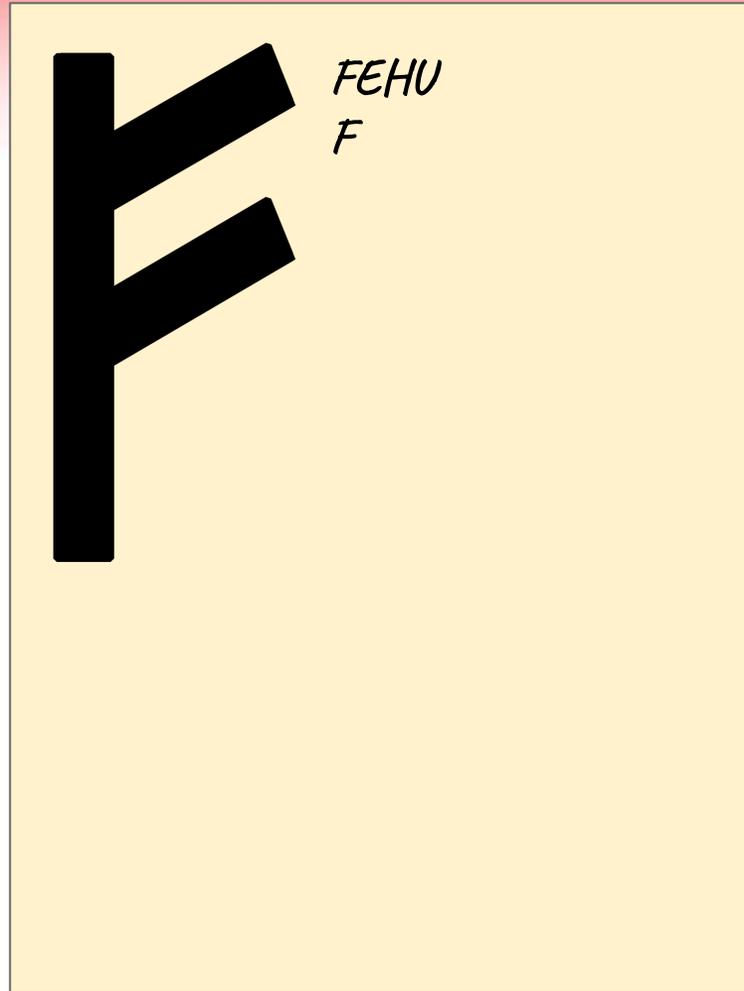
- The Rune:
- The Rune's name:





Recap

- The Rune:
- The Rune's name:
- The Rune's letter:

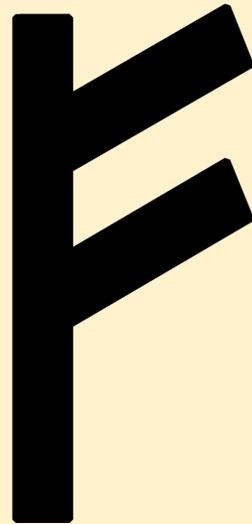




Recap



- The Rune:
- The Rune's name:
- The Rune's letter:
- Keywords:



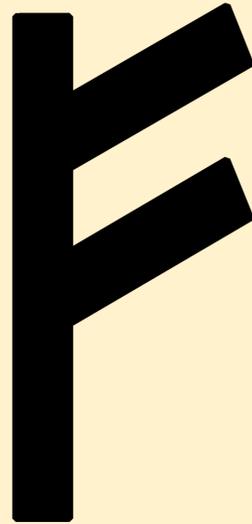
FEHU
F

- Money*
- Wealth*
- Movement of wealth*
- The movement of money*
- Trading*



Recap

- The Rune:
- The Rune's name:
- The Rune's letter:
- Keywords:
- Any additional notes:



FEHU

F

Cattle =

Mobile wealth

- Wealth

- Money

- Movement of wealth

- The movement of money

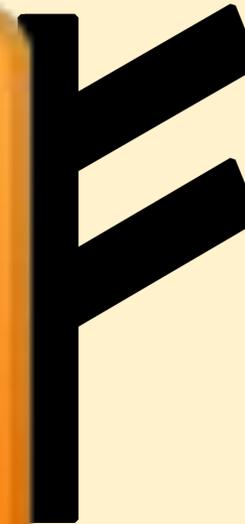
- Trading



Recap



- The Rune:
- The Rune's name:
- The Rune's letter:
- Keywords:
- Any additional notes:



FEHU

F

Cattle =

Mobile wealth

- Wealth

- Money

- Movement of wealth

- The movement of money

- Trading



Uruz





Uruz



Nº 2 in the 1st Ætt (Freya)

Name: Uruz

Letter: U

Meaning: Tamed Power

Related to the Goddess: Audhumbla

Rune Image:

Bovine with horns pointing down before charging





Uruz

Nº 2 in the 1st Ætt (Freya)



About the Rune Uruz:

This Rune represents the Aurox. An animal related to the Wild Ox or the Bison, now extinct.

The animal was used by the people of the time for many things (as mentioned in the Cattle Rune, Fehu).

The image of the Rune itself conjures up a wild ox with its horns pointing down just before it charges.





Uruz

N° 2 in the 1st Ætt (Freya)



For divination, the meaning of this Rune reflects the multiple uses this animal had, and the multitude of things that were created using this animal (whilst alive and once sacrificed).

It also reflects immense power and strength... a power that can be tamed or controlled but must still be respected.





Uruz

Nº 2 in the 1st Ætt (Freya)



The meaning of this Rune when it comes to divination is connected with these concepts:

- It represents the power of creativity, and it represents a seed sown
- It advises to be patient as all that is sown does not bear fruit immediately
- Strength
- Health
- Understanding
- Power (physical)





Recap

- The Rune:
- The Rune's name:
- The Rune's letter:
- Keywords:
- Any additional notes:

Uruz
U

-Power
-Creativity
-Strength
-Health
-Understanding



Thurisaz





Thurisaz

Nº 3 in the 1st Ætt (Freya)



Name: Thurisaz

Letter: Th

Meaning: Defence / Thorn / Hammer

Related to the Gods: Hel & Nidhogg (or Thor)

Rune Image:

Hammer or Axe or Thorn





Thurisaz

Nº 3 in the 1st Ætt (Freya)



About the Rune Thurisaz:

On one hand the Thurisaz Rune represents a thorn, or to be more precise a bush of thorns. These bushes were planted around ancient settlements and property as they were nearly impossible to pass through. An excellent form of defence.

The Rune therefore represents protection by thorns... or the erection of some sort of protective barrier.





Thurisaz

Nº 3 in the 1st Ætt (Freya)



About the Rune Thurisaz:

On the other hand, this Rune represents a hammer or a battle axe. Something that can be used to clear away a path, to clear away obstructions and obstacles that impede advancement.





Thurisaz

Nº 3 in the 1st Ætt (Freya)



The meaning of this Rune when it comes to divination is connected with these concepts:

- Defence
- Barriers
- Clearing Away
- Directed Force





Recap

- The Rune:
- The Rune's name:
- The Rune's letter:
- Keywords:
- Any additional notes:

Thurisaz
Th

- *Defence*
- *Barriers*
- *Clearing Away*
- *Directed Force*



Ansuz





Ansuz



N° 4 in the 1st Ætt (Freya)

Name: Asuz

Letter: A

Meaning: Signals - God

Related to the God: Odin (or all of the Gods)

Rune Image:

Signals





Ansuz

N° 4 in the 1st Ætt (Freya)



About the Rune Ansuz:

Signals, communication and God are the meanings represented by this Rune.

It is a Rune of sacred knowledge... it can act as a link to ancestral knowledge and it can serve as a bridge between the conscious and the unconscious.





Ansuz

N° 4 in the 1st Ætt (Freya)



About the Rune Ansuz:

It also represents spiritual communication.

Communication with the spiritual realms, with your higher self, with your ancestral knowledge, with those who have passed and with the divine.

Also interpreted as the signs and signals given.





Ansuz



Nº 4 in the 1st Ætt (Freya)

The meaning of this Rune when it comes to divination is connected with these concepts:

- Communication
- God and the Divine
- Signals and signs
- Spiritual expression





Recap

- The Rune:
- The Rune's name:
- The Rune's letter:
- Keywords:
- Any additional notes:

Ansuz
A

- Signals and signs
- Communication
- God and the Divine
- Spiritual expression



Information Check



Have you learned them yet?

Time for a quick spotcheck

- Try to complete the following exercise ***without*** consulting the cards you've just made.
- Pause the video at each Rune if you need more time.
- Use the cards if you get stuck.



Information Check



Have you learned them yet?

What is this Rune called?





Information Check



Have you learned them yet?

What is this Rune called?

What is it about?

**Name some of its
properties or keywords**





Information Check



Have you learned them yet?

What is this Rune called?





Information Check

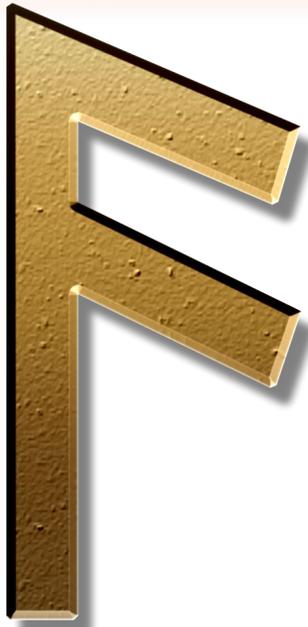


Have you learned them yet?

What is this Rune called?

What is it about?

**Name some of its
properties or keywords**





Information Check



Have you learned them yet?

What is this Rune called?





Information Check



Have you learned them yet?

What is this Rune called?

What is it about?

**Name some of its
properties or keywords**





Information Check



Have you learned them yet?

What is this Rune called?





Information Check



Have you learned them yet?

What is this Rune called?

What is it about?

**Name some of its
properties or keywords**





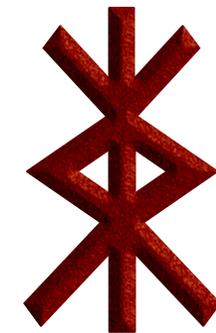
The Next Steps on your Quest



Your Next Steps

- Make sure you have learned the basic energies associated with each of these first few Runes.
- Once you have learned these Runes, you can mark the first 4 Runes as 'Learned' in your *Rune Course Progress Sheet*
- Start the next training - '*Basic Meanings - Aett 1 part 2*'

Time to learn the Next 4 Runes



**Next Video:
Basic Meanings Ætt 1 - Part 2**